

TEAMWORK

Build stronger collaboration to improve performance, trust, and results



WHY TEAMWORK MATTERS

Strengthen **collaboration**,
and improve how **teams
work together**

In today's organisations, work is rarely done in isolation. Results depend on how well people collaborate, communicate, and take shared responsibility for outcomes.

Strong teamwork does not happen by accident. Even capable and motivated individuals can struggle when roles are unclear, communication breaks down, or trust is missing.

This programme helps professionals understand what makes teams effective and how to contribute positively within a team environment.

WHY TEAMWORK MATTERS

Modern workplaces rely on teams to deliver outcomes, solve problems, and adapt to change.

Without effective teamwork, many organisations experience

- Poor communication and misunderstandings
- Lack of trust and accountability
- Conflict within teams
- Inefficiency and duplicated effort
- Missed goals and outcomes

Teamwork gives participants the tools to understand how teams function and how individuals can support collaboration and shared success.

PROGRAMME OVERVIEW

Teamwork helps participants understand

- What teamwork means in a professional setting
- The benefits and importance of effective collaboration
- The characteristics of high-performing teams
- How teams form, develop, and evolve over time
- How individuals contribute to team success

Participants learn how to communicate more effectively, clarify roles and responsibilities, and support shared goals while maintaining individual accountability.

The result

stronger collaboration, clearer roles, and teams that work together more effectively to achieve results.

**Effective teamwork does not happen by chance.
It is built through shared understanding and collaboration.**

This programme helps professionals understand how teams work and how to contribute to collective success.

Accredited and **quality assured**

What this programme Prepares you to do

Teamwork equips professionals to understand how teams operate, how collaboration affects performance, and how to contribute positively within a team.

The programme emphasises practical application, helping participants translate teamwork principles into clear communication, shared responsibility, and improved team performance in modern organisations.

PARTICIPANTS DEVELOP THE CAPABILITY TO

- Understand what teamwork means in a professional context
- Recognise the benefits and importance of effective teamwork
- Identify the characteristics of high-performing teams
- Understand the stages of team development
- Clarify roles and responsibilities within a team
- Improve collaboration and communication with colleagues
- Support team goals while maintaining individual accountability

OUTCOMES FOR PARTICIPANTS

- Work more effectively as part of a team
- Understand how teams develop and change over time
- Contribute positively to team communication and collaboration
- Support shared goals and collective accountability
- Improve team effectiveness and overall performance
- Build stronger working relationships

Programme structure and **delivery options**

Programme Duration

4 learning
hours

Delivery Format

Instructor-led
(online)
Subject Matter
Expert

Flexible Delivery

Adaptable for
organisational
requirements
and team-based
rollouts

Organisation Bundles

Organisational
packages and
volume discounts
available

Instructor-led delivery

Every training unit is delivered by subject-matter experts with real-world professional and organisational experience – ensuring learning is grounded, relevant, and actionable.

HOW LEARNING IS APPLIED

This programme is focused on application in real workplace conditions, where collaboration, communication, and trust directly affect team performance and outcomes.

Participants apply teamwork concepts in realistic professional situations, ensuring learning translates into behaviour change – not theory.

PARTICIPANTS EXPLORE

- ✓ Apply teamwork principles to real workplace situations
- ✓ Reflect on team dynamics, roles, and communication challenges
- ✓ Identify practical actions to improve collaboration and trust
- ✓ Translate teamwork insight into day-to-day team behaviour

THIS PROGRAMME IS DESIGNED FOR

- New employees joining teams
- Professionals working in team-based environments
- Employees seeking to improve collaboration and teamwork skills
- Organisations aiming to strengthen team performance

COURSE PREREQUISITES

No prior teamwork training is required.

The course is suitable for participants at any career stage who work in team-based environments or want to strengthen collaboration and team effectiveness.

PROGRAMME DELIVERY

- Instructor-led delivery by subject-matter experts
- Online formats

WHAT THIS TYPE OF TRAINING DELIVERS

Immediate Application

Apply teamwork skills directly to real work situations – not later, not hypothetically.

Performance Under Pressure

Collaborate effectively in fast-moving, high-accountability environments.

Clarity in Collaboration

Communicate clearly and work together with confidence when it matters most.

Stronger Results

Improve team outcomes through shared responsibility and trust.

The result:

Stronger teams. Better collaboration. And learning that supports sustainable, high-performing teamwork where it matters.

COCREATE TO ACTIVATE™

CoCreate to Activate™ is Maximus Academy's four-step method for building skills that last—not just in the classroom, but inside real organisations operating in fast-moving, high-demand sectors across the region.

Turning capability into national outcomes.



ASSESS

Understand the real operating world

What this Ensures

- Skills that match global industry demands, not generic international templates.



DESIGN

Build training that fits the sector

- Immediate operational impact, because training is built around real sector challenges.



DELIVER

Teach through Saudi SMEs and practitioners

- Lasting organisational capability through the adoption of performance-driven tools and behaviours.



SUSTAIN

Embed the change inside organisations

It is the difference between training individuals and equipping an entire workforce with the capabilities to perform, adapt, and deliver at scale.



Register for the course through the QR code

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Training that fits your world

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